

Wrist Wraps

Pattern # 5021



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STONE SOCK FIBERS



Wrist wraps, aka “wrist warmers” or “fingerless gloves”, may seem to be merely an accessory of fashion. But! I have found them to be *invaluable* during the winter months; I wear them while working at the computer and when I read in bed at night. In those instances, my hands are much more comfortable than they would be without the wrist wraps. Yes, they can be beautiful. And, they are a perfect opportunity to use those wonderful buttons you’ve been saving for just the right project!

These wrist wraps are knitted sideways. That means the width of the knitted piece is the *length* of the wrist wrap, and the length of the knitted piece will wrap around the wrist, with buttons used as closures and to allow for adjustable fit.

This is a versatile pattern. The length of the wrist wrap is easy to change. The fit is adjustable. I've written this pattern for 1 large button (1 – 1 ¼ inches wide) and 2 smaller buttons (½ – ¾ inches). You could easily use all large buttons or all small buttons. I've written this pattern so that the body of the wrist wrap is in garter stitch. You could just as successfully use seed stitch or any of a number of slip stitch patterns.

Here are the directions for the wrist wraps in the photo:

Yarn: Debbie Bliss “Cashmerino Aran”. 55% merino wool, 33% microfiber, 12% cashmere. 90m/50g. I used 2 balls of this yarn.

Needles: one pair of US size 7 or size to obtain gauge.

Gauge: In garter stitch, 4 sts per inch

Notions: 1 extra knitting needle, size 7 or smaller (for picking up stitches); 2 large buttons (1 ¼ inch) and 4 smaller buttons (¾ inch); darning needle.

Finished Dimensions: approximately 6 ½ inches wide and 10 inches long. Note that the wrist warmer is knitted sideways.

Right Hand Wrist Warmer

Cast on 30 sts. I suggest using a cable cast-on or a knitted cast-on. You will be picking up stitches along this cast-on edge later.

Row 1: K 27, myf, slip 3 sts pw.

Repeat Row 1 until piece measures 6 ½ inches from cast-on edge.

“Gusset”:

Hold the piece so that the yarn is coming off the back on the right edge (as if you were going to start another row). The side of fabric that is facing you we'll call the “right” side (RS) of the fabric, and the side of fabric that is away from you we'll call the “wrong” side (WS) of the fabric.

On the wrong side of the fabric (the side of the fabric facing away from you), 3 ½ inches from cast-on edge, use your extra knitting needle to pick up the 3 stitches closest to the right edge I-cord. Fold the fabric so that the extra needle is *behind and parallel* to the main working needle, bringing the picked-up stitches to the back of the main working needle.

Gusset row 1 (RS): K3; knit the next stitch together with the right-most picked-up stitch three times; K21, myf, slip 3 sts pw.

Gusset row 2 (WS): K27, myf, slip 3 sts pw.

Use the extra needle to pick up 3 sts on WS of fabric, on the garter ridge adjacent to where you picked up the stitches before.

Gusset row 3 (RS): same as row 1.

Continue working as before the gusset until the piece measures 9 ½ inches from cast-on edge (or until the piece is long enough to wrap comfortably around your hand with some overlap), end having finished a wrong side row.

Bind-Off Buttonhole Edge:

There is one “loop” buttonhole at the first corner of the bind-off edge, and two “slit” buttonholes further along the bind-off edge.

Loop buttonhole: *Knit 3 stitches, slip these 3 stitches back onto the left needle.* Repeat from * to * until the length of I-cord is long enough to create a loop for your button (for a 1 ½ inch button, that would be about 5 repeats).

Work I-cord bind off for 7 stitches. End with all sts on the left needle.

I-Cord Bind Off: *Knit 2 stitches, SSK. You now have 3 stitches on the right needle. Slip these 3 stitches back onto the left needle.*

Then work one slit buttonhole: Start this buttonhole with all the stitches on the left needle.

Step 1: Knit 3 stitches. Leave these 3 stitches on the right needle.

Step 2: Slip 2 stitches from the left needle onto the right needle without twisting the stitches. Then slip the first of these 2 stitches over the second stitch and off the needle. You’ve just bound off 1 stitch, and you’ve got the 3 I-cord stitches and 1 other stitch on your right needle. *Slip another stitch from the left needle to the right needle. Then slip the previous stitch over this second stitch and off the needle.* You’ve just bound off a second stitch. Repeat from * to * until you have the size of buttonhole that you want.

Step 3: You’ve got the 3 I-cord stitches and 1 other stitch on your right needle. Slip that “other” stitch back onto the left needle. Then slip the 3 I-cord stitches back onto the left needle. *Knit 3 stitches, slip the three stitches back onto the left needle.* Repeat from * to *, making the same number of repetitions as stitches you bound off for the buttonhole in Step 2.

Step 4: When your I-cord length is finished, simply resume the I-cord bind off.

Work I-cord bind off for 7 more sts and then work another slit buttonhole.

Work I-cord bind off until 6 sts remain. K 3 sts. Now you have 3 sts on the right needle and 3 sts on the left needle. Graft the first 3 sts to the last 3 sts.

After-the-Fact I-Cord:

Adding an I-cord to the cast-on edge is optional, in that this edge is largely covered up when the wrist warmer is buttoned.

With the right side of the fabric facing you, pick up 30 sts along cast-on edge. Make sure that the 3 right most stitches have the knit side facing you (not the purl side).

Knit 3 sts. Slip these 3 sts back on to the left hand needle. Work I-cord cast-off along this edge until 6 sts remain. K 3 sts. Now you have 3 sts on the right needle and 3 sts on the left needle. Graft the first 3 sts to the last 3 sts.

Sew buttons onto the wrist warmer. Weave in ends.

Left Hand Wrist Warmer

Cast on and work as for right hand wrist warmer until piece measures 6 ½ inches from cast on edge.

“Gusset”:

Hold the piece so that the yarn is coming off the back on the right edge (as if you were going to start another row).

HERE’S WHERE THINGS ARE DIFFERENT FROM THE RIGHT HAND WRIST WARMER

The side of fabric that is facing you we’ll call the “wrong” side of the fabric, and the side of fabric that is away from you we’ll call the “right” side of the fabric.

On the wrong side of the fabric (the side facing you), 3 ½ inches from cast-on edge, use your extra knitting needle to pick up the 3 stitches closest to the right edge I-cord. Fold the fabric so that the extra needle is *in front of and parallel to* the main working needle, bringing the picked-up stitches to the front of the main working needle.

Gusset row 1 (wrong side): K3; (knit the next stitch together with the right-most picked-up stitch) three times; K21, move yarn to front, slip the last 3 sts purlwise.

Gusset row 2 (right side): K27, move yarn to front, slip the last 3 sts purlwise.

Use the extra needle to pick up 3 stitches on the back side of the fabric, on the garter ridge adjacent to where you picked up the stitches before.

Gusset row 3 (wrong side): same as row 1.

Continue working as before the gusset until the piece measures 9 ½ inches from cast-on edge (or until the piece is long enough to wrap comfortably around your hand with some overlap), end having finished a right side row.

Work the buttonhole edge, after-the-fact I cord, and finishing as for right hand wrist warmer.

Abbreviations: K: knit. Myf: move yarn to the front of the work. Pw: purlwise. RS: right side. St: stitch. Sts: stitches. WS: wrong side.